



Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport
Data: 27.07.2025
Dystans: 1/8 IM
Miejscowość: Rawa Mazowiecka

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
1	282	Janicki Karol	Gostyń	Janicki Coaching/KU AZS UAM Triathlon Poznań	M18	1	00:06:10	00:01:23	00:31:42	00:01:06	00:18:10	00:58:31
2	472	Dąbrowski Adam	Warszawa	UKS G-8 Bielany Warszawa	M16	1	00:05:59	00:01:31	00:32:12	00:01:20	00:17:38	00:58:39
3	410	Mitruś Paweł	Warszawa	NEON TEAM	M30	1	00:07:04	00:01:47	00:30:08	00:01:37	00:19:24	01:00:00
4	485	Ślupik Tomasz	Warszawa	ENDLESS PAIN	M30	2	00:06:46	00:01:36	00:31:08	00:01:47	00:18:45	01:00:01
5	585	Król Maciej	Warszawa	Tyczyński Triathlon	M30	3	00:06:59	00:01:54	00:31:21	00:01:18	00:19:27	01:00:58
6	498	Jańczak Michał	Gdańsk	Trójmiejska Akademia Triathlonu	M16	2	00:06:18	00:01:07	00:33:35	00:01:16	00:18:48	01:01:04
7	488	Kończakowski Aleksander	Głowno	TM Iron Team	M16	3	00:07:35	00:01:08	00:32:44	00:01:11	00:18:27	01:01:05
8	308	Wojtyła Łukasz	Michałowice-Wieś	Relentless Triathlon Team	M35	1	00:06:39	00:01:37	00:32:14	00:01:28	00:19:10	01:01:07
9	591	Duplicki Kamil	Warszawa	Beko	M40	1	00:07:42	00:01:27	00:31:12	00:01:13	00:19:43	01:01:16
10	571	Różalski Piotr	Elbląg	ETT Elbląg Triathlon Team	M45	1	00:06:56	00:01:44	00:31:52	00:01:22	00:19:51	01:01:45
11	316	Jopkiewicz Karol	Piotrków Trybunalski	IRON TEAM	M25	1	00:07:49	00:01:39	00:29:46	00:01:20	00:21:15	01:01:49
12	511	Górak Dominik	Józefów	Spica Team Spica Solutions	M18	2	00:09:30	00:02:30	00:28:49	00:01:59	00:19:15	01:02:02
13	454	Maślanko Maciej	Jeżów	TM Iron Team Gra-Lech s.c. - namioty	M30	4	00:07:46	00:01:43	00:31:21	00:01:37	00:19:33	01:02:02
14	514	Kępka Marcin	Lublin	MROZEK TRI TEAM	M35	2	00:07:24	00:01:29	00:31:54	00:01:17	00:20:24	01:02:28
15	330	Korulczyk Rafał	Bałtów	TRI AMO	M40	2	00:07:34	00:01:38	00:31:26	00:01:34	00:20:44	01:02:55
16	390	Sobolewski Mateusz	Warszawa	Dawaj Kalach Team	M18	3	00:06:54	00:01:52	00:33:18	00:01:30	00:19:47	01:03:21
17	603	Trębacz Piotr	Rawa Mazowiecka		M30	5	00:08:16	00:01:43	00:31:21	00:01:18	00:20:48	01:03:25
18	331	Drozd Tymoteusz	Zabrze		M25	2	00:06:16	00:01:35	00:33:11	00:01:16	00:21:22	01:03:40
19	325	Gierach Jakub	Niemcz	Fundacja Czas Na Bydgoszcz	M16	4	00:07:03	00:01:17	00:34:09	00:01:15	00:20:02	01:03:46
20	443	Marciniak Piotr	Warszawa	Relentless Triathlon Team	M18	4	00:08:14	00:01:57	00:32:44	00:01:24	00:19:55	01:04:14
21	586	Puka Mateusz	Warszawa		M30	6	00:06:39	00:01:50	00:34:04	00:01:43	00:20:23	01:04:39
22	304	Żmijewski Szymon	Cekanowo	Dawaj Kalach Team	M18	5	00:07:01	00:01:56	00:33:51	00:01:48	00:20:47	01:05:22
23	386	Lauryn Patryk	Warszawa	Easy Tri	M35	3	00:08:28	00:01:53	00:32:55	00:01:34	00:20:40	01:05:29
24	326	Gierach Wojciech	Niemcz	GIERACH-TEAM/Trispace-Trek/Fundacja czas na Bydgoszcz CENTRUM KARDIOMETABOLICZNE	M18	6	00:08:29	00:01:38	00:32:47	00:01:18	00:21:26	01:05:37
25	595	Organa Konrad	Częstochowa	Triathlon Training Center	M35	4	00:07:41	00:01:47	00:33:03	00:01:34	00:21:42	01:05:47
26	392	Duban Aleksandra	Janki	UKS G-8 Bielany Warszawa	K18	1	00:06:28	00:01:27	00:36:45	00:01:32	00:20:02	01:06:14
27	578	Romański Maciej	Tarnowskie Góry	TriDivision Triathlon Team	M40	3	00:07:37	00:01:46	00:33:21	00:01:34	00:22:10	01:06:27
28	368	Kuliński Piotr	Bełchatów	Iron Fighters	M35	5	00:09:02	00:02:06	00:34:07	00:01:37	00:20:09	01:07:00
29	583	Krysiak Hubert	Warszawa	Triathletic Team	M35	6	00:08:24	00:02:09	00:33:40	00:01:25	00:21:35	01:07:13
30	310	Cyl Jakub	Świętochłowice	Tridivision Triathlon Team	M25	3	00:07:16	00:02:10	00:33:38	00:01:30	00:22:49	01:07:23
31	509	Madej Zuzanna	Jasienica	KAZIKI	K18	2	00:06:10	00:01:22	00:36:51	00:01:14	00:21:49	01:07:26
32	319	Komosiński Michał	Warszawa		M16	5	00:06:54	00:01:59	00:36:13	00:01:31	00:20:52	01:07:29
33	458	Korulczyk Ola	Bałtów	KORULCZYK TEAM	K35	1	00:07:18	00:01:41	00:34:51	00:01:29	00:22:27	01:07:45
34	608	Lis Sebastian	Łódź	Kolarska.cc	M35	7	00:07:28	00:01:47	00:33:36	00:01:35	00:23:22	01:07:48
35	437	Stańczak Bartosz	Strzegowo	LuftTri Team Mamut Camp	M45	2	00:08:21	00:01:44	00:32:55	00:01:25	00:23:36	01:07:51
36	482	Fugiński Maciej	Kielce	IM Inspiration	M25	4	00:08:14	00:02:02	00:35:43	00:01:49	00:20:12	01:07:59
37	435	Barańczuk Michał	Koło		M18	7	00:07:16	00:02:01	00:36:43	00:01:10	00:20:53	01:08:02
38	506	Korycki Mieszko	Pabianice	mpm www.mka88.pl	M35	8	00:08:31	00:01:38	00:35:07	00:01:15	00:21:47	01:08:18
39	446	Jankowski Paweł	Legionowo	@podwyscoach	M40	4	00:07:10	00:01:38	00:35:07	00:01:33	00:22:52	01:08:20
40	311	Tusiński Marcin	Skierniewice		M35	9	00:08:36	00:01:55	00:33:24	00:01:24	00:23:19	01:08:38
41	560	Napiórkowski Jakub	Włocławek		M30	7	00:08:31	00:01:31	00:35:45	00:01:27	00:21:27	01:08:41
42	568	Kowalski Sebastian	Trzciany	TIMBUD TEAM	M40	5	00:09:13	00:01:32	00:35:11	00:01:44	00:21:02	01:08:42
43	558	Wojciuk Adam	Lublin	MROZEK TRI TEAM	M40	6	00:08:30	00:01:46	00:34:16	00:01:27	00:21:49	01:08:49
44	496	Zagwocki Maximilian	Stara Niedziałka	KS Barakuda Mińsk Mazowiecki	M16	6	00:08:27	00:02:20	00:35:12	00:01:40	00:21:19	01:08:58
45	517	Jabłoński Przemysław	Radzymin	Coca Cola Runners COCA COLA	M35	10	00:09:56	00:01:56	00:35:10	00:01:29	00:20:48	01:09:18
46	339	Bułka Bartosz	Wrocław	LABOSPORT Team	M40	7	00:08:14	00:01:56	00:35:03	00:01:26	00:22:41	01:09:19
47	516	Wojciechowski Jacek	Mogilno	Rak Team / IronTribe Mogilno	M30	8	00:09:05	00:01:57	00:34:50	00:01:42	00:21:49	01:09:23
48	314	Szczepański Paweł	Warszawa	TEAM TRENUJ / TMT	M30	9	00:08:03	00:02:07	00:34:58	00:01:41	00:22:38	01:09:27
49	460	Uzdziło Emil	Warszawa	sport2freedom Sii Triathlon Team	M40	8	00:09:19	00:01:40	00:34:46	00:01:28	00:22:14	01:09:27
50	468	Gruszka Jakub	Radom	Kaziki	M18	8	00:07:38	00:02:00	00:37:45	00:01:29	00:20:38	01:09:29
51	594	Kośla Paweł	Żyrardów		M40	9	00:09:31	00:01:41	00:35:14	00:01:23	00:21:51	01:09:39
52	502	Sypek Mikołaj	Warszawa		M18	9	00:08:21	00:01:48	00:35:30	00:01:46	00:22:19	01:09:44
53	559	Szmytko Jakub	Warszawa	KU AZS Uniwersytetu Warszawskiego	M18	10	00:06:18	00:01:21	00:35:55	00:01:47	00:24:28	01:09:49
54	370	Wiatr Michał	Konstancin-Jeziorna	Sport2freedom Softtutor Team	M45	3	00:08:57	00:01:49	00:35:42	00:01:56	00:21:31	01:09:54
55	281	Sobolewski Jakub	Warszawa	Bractwo Biegowe BGK BGK	M45	4	00:08:44	00:01:33	00:35:08	00:01:40	00:22:51	01:09:56
56	349	Paduszyński Piotr	Warszawa	Triathlon po czterdziestce Triathlon Team Triathlon po czterdziestce	M50	1	00:09:22	00:01:43	00:35:51	00:01:38	00:21:28	01:10:02
57	465	Bator Krystian	Pionki	SPORT2FREEDOM	M40	10	00:07:43	00:01:27	00:34:19	00:01:18	00:25:21	01:10:07
58	462	Teodorowicz Mariusz	Racibórz	TM Iron Team	M30	10	00:08:04	00:02:03	00:37:23	00:01:11	00:21:37	01:10:17
59	569	Nędza Mateusz	Jastrzębie-Zdrój, Polska		M30	11	00:08:46	00:01:22	00:36:43	00:01:25	00:22:13	01:10:28
60	448	Uzdziło Przemysław	Straduny	Sport2freedom	M45	5	00:09:35	00:01:19	00:33:58	00:01:33	00:24:11	01:10:36
61	399	Biernacki Krystian	Wrocław	Become one	M45	6	00:08:37	00:02:21	00:34:20	00:02:00	00:23:19	01:10:37
62	425	Jasiówka Bartłomiej	Polska Nowa Wieś	Rolico Triathlon Team	M40	11	00:09:21	00:01:52	00:35:12	00:01:38	00:22:40	01:10:43
63	609	Nowak Sławomir	Kalisz	Zdun Triathlon Team	M50	2	00:09:12	00:02:06	00:35:48	00:01:42	00:21:59	01:10:47
64	441	Cierkosz Bartłomiej	Żdźary	Cierkosz Team	M30	12	00:09:03	00:01:52	00:35:21	00:01:35	00:23:02	01:10:53

Pływanie: 1x 0,475km
Jazda rowerem: 1x 22,5km
Bieg: 1x 5,275km



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ORGANIZATOR



Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport

Data: 27.07.2025

Dystans: 1/8 IM

Miejscowość: Rawa Mazowiecka

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
65	587	Szymczak Jakub	Tuliszków	TRITON KONIN Triton Konin	M25	5	00:09:24	00:01:58	00:35:31	00:01:50	00:22:13	01:10:55
66	300	Przymus Ziemowit	Piastów	Rybicki Triathlon Team	M55	1	00:08:43	00:02:02	00:35:25	00:01:55	00:22:51	01:10:56
67	604	Mazur Marcin	Gliwice		M35	11	00:09:22	00:01:51	00:36:46	00:01:38	00:21:19	01:10:56
68	409	Stefankiewicz Jakub	Łódź	triathlonstrykow.pl	M35	12	00:08:51	00:02:14	00:35:31	00:01:29	00:23:22	01:11:26
69	373	Niedziółka Aleksander	Siedlce		M16	7	00:09:17	00:02:10	00:36:32	00:01:23	00:22:12	01:11:33
70	487	Niestępski Paweł	Legionowo	Dawaj Kalach Team	M35	13	00:08:07	00:02:37	00:36:53	00:01:30	00:22:28	01:11:34
71	382	Staniek Agata	Mogilno	Fabryka Sportu Agata Staniek	K25	1	00:08:01	00:01:40	00:36:19	00:01:22	00:24:24	01:11:45
72	519	Grabarski Paweł	Zgorzeła	Banda Tri G	M40	12	00:09:04	00:02:43	00:36:16	00:01:46	00:22:08	01:11:57
73	478	Kasprowicz Sławomir	Ostrowiec Św.	TRI AMO	M50	3	00:09:05	00:02:03	00:36:22	00:01:30	00:23:09	01:12:06
74	471	Urbanowicz Rafał	Warszawa	KAZIKI	M40	13	00:08:03	00:02:31	00:35:16	00:02:34	00:24:02	01:12:25
75	457	Niezdgodzi Tomasz	Warszawa	Smartendu	M35	14	00:08:57	00:02:15	00:35:41	00:02:06	00:23:51	01:12:50
76	605	Szczepanik Renata	Kraków	KRAKÓW	K45	1	00:09:06	00:02:17	00:36:38	00:02:05	00:22:50	01:12:56
77	433	Komosiński Jan	Warszawa		M16	8	00:07:06	00:02:00	00:38:51	00:01:57	00:22:07	01:13:01
78	531	Hucz Łukasz	Chorzów	TriDivision Triathlon Team	M40	14	00:08:16	00:02:29	00:37:08	00:02:11	00:23:05	01:13:08
79	483	Budżiszewski Piotr	Józefów		M50	4	00:09:00	00:02:06	00:37:57	00:01:33	00:22:39	01:13:14
80	566	Rozwadowski Adam	Marki	TIMBUD TEAM	M50	5	00:09:55	00:01:35	00:36:22	00:01:43	00:23:42	01:13:16
81	293	Marcinkowski Paweł	Brańszczyk		M40	15	00:07:59	00:02:03	00:38:51	00:01:44	00:22:06	01:13:19
82	322	Sośnierz Tomasz	Łódź		M35	15	00:10:51	00:01:48	00:38:26	00:01:33	00:20:44	01:13:21
83	573	Bernaciak Mateusz	Mogilno	Fabryka Sportu / IronTribe	M30	13	00:09:09	00:01:59	00:37:06	00:02:08	00:23:00	01:13:22
84	395	Lara Piotr	Warszawa	Trimasters	M30	14	00:08:44	00:02:12	00:37:45	00:01:47	00:23:00	01:13:27
85	476	Wójt Sylwester	Skierniewice	Tri Nawa Skierniewice	M50	6	00:11:04	00:02:28	00:35:31	00:02:17	00:22:28	01:13:48
86	507	Madaj Teodor	Katowice		M18	11	00:08:51	00:02:04	00:38:44	00:01:40	00:22:40	01:13:59
87	556	Samulska Ewa	Warszawa	TRICLUB	K45	2	00:08:56	00:01:25	00:38:38	00:01:38	00:23:35	01:14:11
88	340	Masłowski Marcin	Łódź	HTF Ludwik Sikorski	M45	7	00:08:49	00:02:07	00:36:15	00:02:06	00:25:03	01:14:19
89	601	Skrzyński Patryk	Malbork	Waniewski Coaching	M45	7	00:07:31	00:02:57	00:37:12	00:01:40	00:26:00	01:14:19
90	580	Tomaszewska Julita	Legionowo	SK TRI&SWIM Team	K45	3	00:09:33	00:01:52	00:36:33	00:01:50	00:24:39	01:14:27
91	484	Majchrzak Łukasz	Swędów	Twister Team	M30	15	00:10:16	00:02:41	00:35:11	00:02:04	00:24:19	01:14:30
92	442	Kosicki Mateusz	Warszawa	KaszlakTeam	M30	16	00:09:12	00:02:54	00:37:57	00:01:55	00:22:34	01:14:31
93	401	Stańczak Mariusz	Warszawa	SZKOŁA TRIATHLONU ES TRI PROJECT TEAM	M50	7	00:10:27	00:02:09	00:35:40	00:01:51	00:24:36	01:14:42
94	469	Kowalczyk Karol	Warszawa	sport2freedom	M40	16	00:11:20	00:02:44	00:37:37	00:01:46	00:21:42	01:15:08
95	499	Grodecki Przemysław	Pabianice	SNS FOODS TRI	M55	2	00:08:29	00:02:31	00:37:33	00:01:53	00:24:43	01:15:09
96	547	Matelski Robert	Mogilno	IronTRlbe Mogilno	M35	16	00:10:51	00:02:54	00:37:09	00:01:50	00:23:17	01:16:01
97	299	Dudziński Adam	Leżajsk		M45	9	00:10:02	00:01:57	00:39:18	00:01:36	00:23:09	01:16:01
98	551	Roszkowski Piotr	Warszawa		M35	17	00:08:37	00:02:36	00:38:33	00:01:42	00:24:34	01:16:02
99	397	Broż Krzysztof	Koło	TRI for ME www.projektowakb.pl	M45	10	00:08:40	00:02:44	00:36:08	00:01:33	00:27:11	01:16:16
100	596	Flakowski Marcin	Wiśkitki	SZKOŁA TRIATHLONU	M35	18	00:09:31	00:02:03	00:36:58	00:02:08	00:25:48	01:16:27
101	402	Szczepaniak Emil	Aleksandrów Łódzki		M30	17	00:08:10	00:03:05	00:38:14	00:01:48	00:25:21	01:16:37
102	522	Bogobowicz Arkadiusz	Wodzisław Śląski	TM Iron Team	M50	8	00:09:55	00:02:22	00:36:05	00:02:14	00:26:21	01:16:56
103	508	Żychliński Miłosz	Łódź	HTF Ludwik Sikorski	M50	9	00:10:14	00:02:19	00:36:23	00:02:06	00:25:59	01:17:01
104	398	Waksmundzki Marcin	Warszawa		M45	11	00:08:57	00:02:43	00:37:02	00:02:25	00:26:07	01:17:14
105	463	Sadowy Robert	Skierniewice	Tri Nawa Skierniewice	M45	12	00:10:12	00:02:11	00:38:54	00:02:29	00:23:30	01:17:15
106	369	Smółko Michał	Warsaw		M18	12	00:08:59	00:03:10	00:39:10	00:02:25	00:23:32	01:17:15
107	455	Kwieciński Dominik	Tomaszów Mazowiecki		M30	18	00:09:33	00:02:40	00:37:29	00:02:43	00:24:58	01:17:23
108	309	Butkiewicz Magdalena	Krubin		K45	4	00:08:49	00:02:27	00:39:25	00:01:47	00:25:04	01:17:31
109	570	Czarnecki Filip	Myszków	PETER TRIATHLON TEAM	M25	6	00:09:26	00:02:47	00:40:11	00:01:56	00:23:18	01:17:37
110	512	Dzierżyński Łukasz	Mińsk Mazowiecki	KS Barakuda Mińsk Mazowiecki	M40	17	00:10:24	00:02:31	00:39:35	00:02:19	00:22:54	01:17:43
111	544	Jarżabek Lindholm Anna	Warszawa	TRICLUB MyBike.pl	K50	1	00:10:11	00:01:55	00:39:06	00:01:56	00:24:49	01:17:56
112	590	Lulkiewicz Urszula	Białystok	Beko Team	K14	1	00:08:34	00:01:31	00:40:34	00:01:34	00:25:45	01:17:58
113	379	Kaźmierczak Robert	Piątek		M35	19	00:09:47	00:02:21	00:39:26	00:01:41	00:24:45	01:17:59
114	451	Motała Zofia	Poznan	CITYZEN	K16	1	00:08:19	00:02:30	00:41:48	00:01:35	00:24:30	01:18:41
115	428	Malinowska Ewelina	Warszawa	SK TRI&SWIM Team TRIMaliny	K40	1	00:09:29	00:02:18	00:38:52	00:02:07	00:26:11	01:18:56
116	420	Hajnal Viktor	Warszawa		M16	9	00:10:04	00:02:50	00:39:24	00:02:17	00:24:33	01:19:07
117	403	Dołżyńska Agnieszka	Lublin	Latające Kłapki Kubota Centrum Internetowe Dołżyńscy	K35	2	00:09:52	00:03:17	00:38:00	00:01:59	00:26:13	01:19:21
118	352	Kozal Michał	Łódź		M30	19	00:10:25	00:03:15	00:38:47	00:01:21	00:25:34	01:19:21
119	302	Rygacki Maciej	Grodzisk Mazowiecki		M30	20	00:12:18	00:03:16	00:38:53	00:02:06	00:23:01	01:19:33
120	584	Marciniak Dorota	Warszawa		K18	3	00:09:46	00:03:00	00:39:28	00:02:07	00:25:14	01:19:35
121	602	Dietrich Grzegorz	Dywidy	Olsztyńska Szkoła Triathlonu	M45	13	00:10:24	00:02:33	00:37:15	00:02:06	00:27:28	01:19:45
122	440	Krześniak Łukasz	Lesznowola (Woj. Mazowieckie)		M35	20	00:08:36	00:03:18	00:38:47	00:02:28	00:26:45	01:19:53
123	606	Wierciński Łukasz	Żyrardów		M35	21	00:10:20	00:03:06	00:38:45	00:02:19	00:25:25	01:19:54
124	434	Kowalski Wiktor	Michałów-Grabina	SK TRI&SWIM Team	M25	7	00:08:37	00:02:23	00:40:39	00:02:30	00:25:50	01:19:58
125	396	Matyja Piotr	Raków Duży	Po Grudziez Bike	M40	18	00:10:12	00:03:25	00:37:35	00:02:54	00:26:02	01:20:07
126	317	Łoza Michał	Warszawa		M40	19	00:09:51	00:02:49	00:42:49	00:02:01	00:22:42	01:20:12
127	562	Staroń Łukasz	Warszawa	Ną Farmazą	M35	22	00:08:01	00:02:49	00:39:19	00:02:33	00:27:32	01:20:14
128	343	Romanuk Wojciech	Warszawa	SZKOŁA TRIATHLONU , BRITENET	M45	14	00:09:57	00:02:50	00:38:13	00:02:00	00:27:34	01:20:33

Pływanie: 1x0,475km

Jazda rowerem: 1x22,5km

Bieg: 1x5,275km



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ORGANIZATOR



Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport

Data: 27.07.2025

Dystans: 1/8 IM

Miejscowość: Rawa Mazowiecka

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
129	503	Świniarski Mariusz	Warszawa	Kaziki / FitTerror Warszawa	M45	15	00:10:16	00:02:40	00:38:33	00:02:48	00:26:22	01:20:38
130	356	Swaczyna Marek	Warszawa (Wawer)		M35	23	00:10:46	00:02:12	00:42:21	00:01:53	00:23:29	01:20:40
131	588	Kalisiak Tomasz	Skiernewice		M55	3	00:09:32	00:03:26	00:37:11	00:03:01	00:27:47	01:20:56
132	598	Gajek-Czeladzińska Magda	Ślesin	Triathlon Squad	K30	1	00:08:55	00:02:31	00:42:41	00:01:46	00:25:05	01:20:58
133	407	Cendrowski Rafał	Ruda Bugaj		M45	16	00:11:39	00:02:16	00:39:56	00:01:48	00:25:31	01:21:09
134	540	Kłosiński Piotr	Łódź	kb-advokaci.pl kb-advokaci.pl	M40	20	00:10:07	00:03:06	00:41:50	00:02:30	00:23:41	01:21:14
135	334	Świąder Kacper	Łódź		M25	8	00:08:46	00:03:19	00:40:53	00:02:33	00:25:43	01:21:14
136	324	Kolasa Piotr	Lodz		M35	24	00:09:54	00:02:13	00:44:19	00:01:19	00:23:35	01:21:20
137	456	Grodecka Dorota	Łódź	TRI FUN DORA	K45	5	00:09:18	00:02:23	00:43:02	00:01:45	00:24:55	01:21:23
138	421	Hajnal Laszlo	Warszawa		M50	10	00:10:38	00:02:56	00:39:57	00:02:16	00:25:57	01:21:43
139	466	Pasiak Katarzyna	Łódź	Endure Team	K40	2	00:09:30	00:02:12	00:39:32	00:01:48	00:28:47	01:21:49
140	381	Dzierżawski Jacek	Toruń	TRIpig Team	M45	17	00:11:17	00:02:35	00:38:46	00:02:16	00:26:56	01:21:49
141	589	Biernacki Tomasz	Warszawa		M45	18	00:09:56	00:03:03	00:42:18	00:02:01	00:24:33	01:21:50
142	426	Lis Ewa	Jaworzno		K40	3	00:10:27	00:02:54	00:41:53	00:02:09	00:24:42	01:22:05
143	500	Wysocki Radosław	Nowa Wieś		M45	19	00:11:31	00:02:00	00:38:40	00:02:15	00:27:41	01:22:07
144	592	Pawłowski Przemek	Żychlin		M40	21	00:10:40	00:02:45	00:40:09	00:02:14	00:26:22	01:22:09
145	367	Pociej Bohdan	Płock	PTT DELTA	M65	1	00:10:24	00:03:01	00:38:20	00:02:49	00:27:37	01:22:10
146	520	Klepacki Tomasz	Warszawa	KS Triathlon Rawa	M65	2	00:09:09	00:02:40	00:40:50	00:02:19	00:27:20	01:22:17
147	521	Skackowska Barbara	Warszawa	Polski Klub MTB	K45	6	00:11:05	00:02:09	00:41:45	00:01:48	00:25:45	01:22:31
148	599	Kupczak Anna	Warszawa	TM Iron Team	K18	4	00:10:30	00:01:59	00:39:54	00:01:50	00:28:19	01:22:31
149	545	Czyżewicz Gniewomir	Mszczonów		M16	10	00:10:02	00:03:31	00:43:14	00:01:14	00:24:41	01:22:41
150	385	Krajewska Anna	Łódź	OSMO Running Academy ostrość.pl	K30	2	00:09:40	00:02:47	00:42:23	00:02:05	00:26:04	01:22:58
151	542	Lech Stanisław	Solec Kujawski		M14	1	00:10:55	00:02:30	00:43:58	00:01:54	00:23:47	01:23:04
152	305	Brożek Łukasz	Zawiercie		M40	22	00:11:06	00:02:35	00:42:38	00:01:46	00:25:14	01:23:19
153	474	Małuszyński Michał	Stara Gdka		M40	23	00:09:34	00:02:39	00:41:35	00:02:08	00:27:30	01:23:26
154	298	Wdowiak Anna	Namysłów		K40	4	00:11:33	00:03:22	00:39:43	00:01:38	00:27:11	01:23:26
155	328	Zajączkowski Paweł	Warszawa	POWER TRAINING	M35	25	00:11:52	00:03:24	00:43:16	00:01:44	00:23:12	01:23:28
156	452	Piechotka Dawid	Warszawa	Sport2freedom	M14	2	00:08:18	00:03:01	00:40:58	00:02:20	00:28:53	01:23:30
157	492	Sokół Katarzyna	Warszawa	TM Iron Team	K35	3	00:10:06	00:02:41	00:41:26	00:02:10	00:27:09	01:23:31
158	510	Górak Weronika	Józefów		K18	5	00:10:41	00:02:20	00:41:14	00:02:13	00:27:04	01:23:32
159	543	Majewski Daniel	Janinów		M40	24	00:11:26	00:02:17	00:35:44	00:02:38	00:31:27	01:23:32
160	554	Seferyniak Jacek	Warszawa	PKO BP	M45	20	00:11:23	00:03:24	00:40:10	00:01:42	00:27:12	01:23:51
161	557	Czapliński Marcin	Grójec		M45	21	00:11:15	00:02:36	00:38:39	00:02:45	00:28:52	01:24:07
162	546	Pyzio Diana	Warszawa		K35	4	00:14:35	00:02:08	00:40:11	00:02:02	00:25:18	01:24:13
163	493	Bocian Michał	Wiązowna	Team ZabieganeDni	M40	25	00:14:32	00:02:51	00:40:54	00:02:33	00:23:27	01:24:16
164	346	Sosiński Radosław	Warszawa	Trimasters	M40	26	00:10:55	00:02:47	00:39:23	00:02:00	00:29:20	01:24:24
165	497	Walecka-Szczepanik Sylwia	Warszawa		K50	2	00:10:23	00:02:38	00:42:10	00:02:24	00:27:21	01:24:56
166	292	Majewski Michał	Ożarów Mazowiecki		M35	26	00:10:28	00:03:16	00:41:24	00:02:34	00:27:24	01:25:05
167	408	Anyszewski Bartosz	Sochaczew	KLUB BIEGACZA T2/4 www.domza300.pl	M25	9	00:10:12	00:02:53	00:42:52	00:01:31	00:27:44	01:25:12
168	372	Raniszewski Adam	Warszawa		M35	27	00:13:04	00:02:18	00:40:00	00:01:51	00:28:05	01:25:17
169	518	Denus Jakub	Warszawa		M35	28	00:09:54	00:02:59	00:43:50	00:01:55	00:26:50	01:25:27
170	295	Jarmoszek Marian	Warszawa	TRIWAWA	M45	22	00:09:48	00:02:45	00:41:45	00:02:26	00:29:01	01:25:45
171	422	Skorupski Grzegorz	Karczew		M25	10	00:11:05	00:02:59	00:40:42	00:02:13	00:28:47	01:25:45
172	303	Puławski Andrzej	Łódź		M55	4	00:11:13	00:03:48	00:43:03	00:01:56	00:25:55	01:25:55
173	350	Kuba Aleksandra	Rawa Mazowiecka		K16	2	00:09:28	00:02:49	00:45:35	00:02:41	00:25:34	01:26:07
174	574	Gęsiarz Mariusz	Częstochowa		M35	29	00:10:16	00:03:18	00:43:10	00:01:50	00:27:41	01:26:14
175	417	Fonfara Katarzyna	Warszawa - Polska		K35	5	00:11:09	00:02:14	00:43:11	00:02:15	00:27:50	01:26:39
176	565	Szwarc Ignacy	Chylce		M14	3	00:08:58	00:02:55	00:44:25	00:02:00	00:28:32	01:26:49
177	427	Cieślak Roman	Łódź	Epoka Nordica	M65	3	00:09:43	00:02:30	00:42:34	00:02:37	00:29:33	01:26:56
178	532	Kalbarczyk Maciej	Zgorzeła		M40	27	00:11:21	00:03:00	00:45:06	00:01:33	00:26:07	01:27:06
179	307	Kuczkowski Andrzej	Żyrardów		M65	4	00:12:25	00:02:53	00:40:08	00:02:43	00:29:09	01:27:18
180	384	Szczepanec Sylwia	Łódź		K40	5	00:11:24	00:02:18	00:41:29	00:02:05	00:30:03	01:27:18
181	548	Micek Dawid	Jabłonna		M25	11	00:10:08	00:03:16	00:40:14	00:01:40	00:32:12	01:27:30
182	393	Proczuchan Anastazja	Warszawa	SZKOŁA TRIATHLONU	K18	6	00:13:15	00:02:40	00:38:08	00:01:33	00:31:59	01:27:35
183	400	Rybaczek Cezary	Tomaszów Mazowiecki	EPTM	M50	11	00:12:21	00:04:19	00:42:30	00:01:48	00:26:47	01:27:44
184	444	Starzyński Adam	Andrespol		M40	28	00:10:48	00:03:33	00:42:27	00:01:51	00:29:12	01:27:50
185	527	Łuczak Michał	Pęcice Małe	Rolling Rak'n'roll	M45	23	00:11:31	00:03:06	00:40:24	00:02:27	00:30:24	01:27:51
186	321	Ziółkowski Dariusz	Warszawa		M50	12	00:11:46	00:02:54	00:44:32	00:01:28	00:27:13	01:27:53
187	610	Sosiński Adam	Warszawa	Trimasters	M16	11	00:10:13	00:02:51	00:46:40	00:02:45	00:25:27	01:27:55
188	513	Kot Mirosław	Warszawa	Kuźnia Triathlonu	M55	5	00:12:00	00:01:35	00:41:32	00:02:14	00:30:48	01:28:08
189	576	Robiński Jakub	Warszawa	Canal+ Canal+	M35	30	00:11:30	00:03:21	00:40:43	00:02:34	00:30:17	01:28:24
190	538	Bień Jędrzej	Częstochowa		M14	4	00:09:21	00:03:54	00:44:06	00:02:33	00:28:47	01:28:40
191	552	Leszczynski Bartosz	Warszawa	endlesspainteam	M30	21	00:10:47	00:03:00	00:41:51	00:02:41	00:30:23	01:28:42
192	332	Herman Blanka	Łęki Szlacheckie		K18	7	00:08:51	00:03:09	00:44:01	00:02:57	00:29:46	01:28:43

Pływanie: 1x0,475km

Jazda rowerem: 1x22,5km

Bieg: 1x5,275km



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Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport

Data: 27.07.2025

Dystans: 1/8 IM

Miejscowość: Rawa Mazowiecka

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
193	539	Jachowicz Dariusz	Gdynia	ASE Team	M60	1	00:11:27	00:03:31	00:40:49	00:02:54	00:30:20	01:29:00
194	419	Majewski Jakub	Warszawa (Praga-Południe)		M18	13	00:12:31	00:03:24	00:44:39	00:02:35	00:26:42	01:29:51
195	291	Rzepecki Piotr	Koluszki	LKS Koluszki	M35	31	00:10:16	00:04:57	00:45:29	00:02:09	00:27:02	01:29:52
196	600	Szczęsny Igor	Warszawa		M25	12	00:11:38	00:04:18	00:44:13	00:01:41	00:28:04	01:29:53
197	439	Przybyła Sebastian	Warszawa	PKIG PKIG	M40	29	00:10:44	00:02:58	00:43:23	00:01:52	00:31:05	01:30:02
198	415	Wojtalewicz Piotr	Warszawa	mlTp Active	M40	30	00:13:09	00:03:44	00:43:17	00:01:53	00:28:08	01:30:11
199	418	Jasińska Agnieszka	Warszawa		K40	6	00:14:09	00:03:44	00:40:54	00:03:33	00:28:18	01:30:37
200	354	Góral Grzegorz	Łódź		M35	32	00:13:03	00:03:32	00:42:27	00:02:12	00:29:52	01:31:06
201	363	Urbaniak Julia	Józefów		K16	3	00:10:02	00:04:10	00:47:05	00:02:09	00:27:49	01:31:15
202	374	Antosik Paweł	Warszawa		M50	13	00:11:42	00:04:36	00:43:24	00:02:56	00:28:39	01:31:16
203	535	Tolstova Olena	Rawa Mazowiecka	KIT Triathlon Team	K35	6	00:13:40	00:02:19	00:40:54	00:01:56	00:29:43	01:31:18
204	447	Sak Jacek	Kąty		M55	6	00:09:17	00:03:28	00:43:08	00:02:50	00:32:39	01:31:22
205	333	Prażuch Paweł	Kraków		M35	33	00:10:33	00:04:01	00:41:19	00:01:56	00:34:01	01:31:49
206	607	Jamrożek Adam	Moszczenica (Woj. Łódzkie)		M35	34	00:11:40	00:04:23	00:47:51	00:01:50	00:26:16	01:31:59
207	461	Popadowska Julia	Warszawa	SZKOŁA TRIATHLONU	K25	2	00:10:58	00:03:33	00:44:08	00:02:12	00:31:12	01:32:03
208	491	Sobczak Paweł	Warszawa		M70	1	00:13:00	00:05:17	00:40:45	00:03:12	00:29:59	01:32:13
209	347	Szymański Mariusz	Warszawa		M45	24	00:09:33	00:06:33	00:44:43	00:02:53	00:28:41	01:32:22
210	411	Matewska Hanna	Konstancin Jeziorna		K16	4	00:08:45	00:02:36	00:48:02	00:01:51	00:31:11	01:32:24
211	477	Legan Martyna	WARSZAWA		K30	3	00:11:42	00:02:33	00:47:04	00:02:08	00:29:02	01:32:28
212	355	Ostalski Tomasz	Rawa Mazowiecka		M40	31	00:10:42	00:03:42	00:51:46	00:01:37	00:25:11	01:32:57
213	378	Chrustowska Wiktoria	Warszawa		K25	3	00:12:45	00:05:33	00:42:43	00:02:08	00:30:00	01:33:08
214	564	Wolniak Andrzej	Kalisz	Morsy Gołuchów	M70	2	00:11:03	00:02:37	00:45:06	00:02:28	00:31:07	01:33:20
215	361	Czublun Mikołaj	Wólka Kozodawska		M14	5	00:14:47	00:03:53	00:42:19	00:02:34	00:30:05	01:33:38
216	423	Zehner Jozsef	Warszawa - Polska		M40	32	00:09:56	00:03:47	00:49:06	00:03:05	00:27:48	01:33:41
217	470	Oponowicz Julia	Przemyśl		K18	8	00:12:23	00:02:36	00:46:24	00:02:10	00:30:09	01:33:41
218	364	Smółko Anna	Warszawa		K18	9	00:09:26	00:02:57	00:44:49	00:02:31	00:34:01	01:33:43
219	371	Janecki Rafał	Łódź		M35	35	00:12:41	00:03:30	00:42:14	00:03:00	00:32:23	01:33:47
220	362	Czublun Piotr	Piaseczno	IM INSPIRATION	M50	14	00:14:51	00:03:52	00:42:17	00:02:35	00:30:20	01:33:55
221	297	Janiszewski Maciej	Marki		M30	22	00:14:52	00:04:08	00:42:46	00:03:04	00:29:06	01:33:55
222	360	Rutkowski Andrzej	Tomaszów Mazowiecki		M55	7	00:13:01	00:03:47	00:47:19	00:02:11	00:27:38	01:33:56
223	359	Rutkowski Konrad	Łódź		M35	36	00:09:56	00:06:52	00:47:22	00:02:09	00:27:37	01:33:56
224	375	Małkowska Maria	Warszawa		K50	3	00:12:40	00:03:07	00:46:25	00:03:09	00:29:59	01:35:19
225	315	Szwarc Grzegorz	Chylice		M45	25	00:11:59	00:03:12	00:46:41	00:02:38	00:30:50	01:35:20
226	327	Zielińska Alicja	Tomaszów Mazowiecki		K25	4	00:11:18	00:03:30	00:46:31	00:02:12	00:31:53	01:35:24
227	523	Gronczewski Artur	Warszawa (Targówek)	Rolling Rak'n'Roll	M50	15	00:14:19	00:03:32	00:44:31	00:02:19	00:30:44	01:35:25
228	494	Marzec Artur	Lublin	Meteor	M50	16	00:13:31	00:03:39	00:45:14	00:01:37	00:31:27	01:35:27
229	312	Batarowicz Tomasz	Kalisz		M35	37	00:12:06	00:03:58	00:45:16	00:03:48	00:30:31	01:35:39
230	473	Fugiński Mateusz	Blizyn	Biegaj i Dźwigaj team	M45	26	00:11:36	00:03:02	00:44:50	00:02:46	00:33:35	01:35:48
231	515	Urbański Tomek	Warszawa		M50	17	00:11:45	00:03:05	00:46:29	00:01:55	00:32:44	01:35:58
232	329	Dybał Natalia	Czaniec	Tomica Coaching	K30	4	00:12:24	00:02:50	00:44:53	00:02:20	00:33:54	01:36:21
233	459	Wosik Radosław	Warszawa	Appstronauts Appstronauts	M30	23	00:11:51	00:03:19	00:49:07	00:02:54	00:29:15	01:36:26
234	335	Miażek Tomasz	Łódź		M50	18	00:10:53	00:04:24	00:50:01	00:02:08	00:29:05	01:36:30
235	449	Pisarska Kasia	Warszawa	TRICLUB	K45	7						01:36:35
236	394	Malczuk Andrzej	Warszawa		M50	19	00:11:18	00:05:58	00:45:55	00:04:04	00:29:46	01:37:00
237	536	Jędrzejczyk Kasia	Adamów Wieś	Odłam Rozrywkowy	K35	7	00:10:49	00:04:42	00:48:05	00:03:14	00:30:30	01:37:19
238	412	Suchocki Łukasz	Zduńska Wola		M40	33	00:10:55	00:03:26	00:46:31	00:04:20	00:32:10	01:37:21
239	413	Batorek Bogdan	Rawa Mazowiecka	Rawa Tim Zawsze Slim	M45	27	00:10:01	00:03:43	00:48:29	00:03:07	00:32:15	01:37:34
240	301	Zawadka Agnieszka	Blizne Jasińskiego		K50	4	00:13:41	00:03:11	00:46:46	00:02:20	00:31:54	01:37:51
241	555	Wiśniowski Mirosław	Kraków	BeFit24Team	M60	2	00:13:40	00:03:02	00:45:42	00:03:23	00:32:09	01:37:55
242	501	Komosiński Łukasz	Warszawa - Polska		M45	28	00:09:36	00:03:42	00:44:52	00:03:01	00:36:46	01:37:56
243	424	Wasilewska Jagna	Głusków		K18	10	00:13:04	00:02:21	00:43:30	00:03:25	00:35:38	01:37:58
244	404	Bocian Maja	Wiązowna	Team ZabieganeDni	K45	8	00:11:48	00:05:23	00:48:31	00:03:43	00:28:37	01:38:02
245	318	Szczepanski Piotr	Warszawa		M55	8	00:10:25	00:03:39	00:46:07	00:03:46	00:34:21	01:38:18
246	579	Zapaśnik Karolina	Gdynia	ERKON	K30	5	00:12:35	00:03:01	00:46:59	00:02:56	00:32:48	01:38:18
247	575	Witkowski Hubert	Łódź (Łódź-Widzew)		M40	34	00:11:42	00:06:30	00:48:26	00:05:00	00:26:52	01:38:29
248	577	Łastowiecki Patryk	Mysiadło	CANAL+	M40	35	00:12:30	00:03:05	00:48:27	00:01:59	00:32:54	01:38:54
249	593	Kołodziej Antoni	Kalej		M70	3	00:12:42	00:02:57				01:38:55
250	475	Kacprzak Tadeusz	Konstantynów Łódzki		M70	4	00:12:56	00:03:30	00:40:28	00:02:14	00:39:56	01:39:03
251	380	Korczyńska-Pisarska Olga	Warszawa	TRICLUB	K40	7	00:12:04	00:03:14	00:48:47	00:01:36	00:33:55	01:39:35
252	561	Skorupski Jan	Łódź		M35	38	00:11:25	00:05:58	00:50:08	00:03:42	00:28:57	01:40:10
253	479	Strowski Jan	Białobrzegi		M40	36	00:12:19	00:04:52	00:47:03	00:04:00	00:32:28	01:40:41
254	338	Gniadek Blanka	Warszawa (Bielany)		K25	5	00:15:47	00:04:44	00:48:42	00:02:10	00:30:26	01:41:48
255	524	Zambrzycka Magdalena	Warszawa	Rak'n'Roll Rolling	K45	9	00:11:48	00:02:29	00:50:11	00:02:11	00:35:34	01:42:12
256	376	Kos Piotr	ŻYRARDÓW		M40	37	00:11:23	00:04:28	00:54:08	00:03:39	00:28:51	01:42:28

Pływanie: 1x 0,475km

Jazda rowerem: 1x 22,5km

Bieg: 1x 5,275km



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ORGANIZATOR



Organizator: LABOSPORT Polska; Stowarzyszenie Po Prostu Sport

Data: 27.07.2025

Dystans: 1/8 IM

Miejscowość: Rawa Mazowiecka

Msc.	Nr start.	Nazwisko Imię	Miasto	Team	Kat	Msc Kat	Pływanie	T1	Rower	T2	Bieg	Wynik
257	505	Wiśniewska Lena	Żyrardów	Kuźnia Triathlonu	K16	5						01:42:57
258	436	Anyszewski Artur	Żelazowa Wola		M55	9	00:14:34	00:03:37	00:49:46	00:02:39	00:32:22	01:42:57
259	549	Mydłowska Roxana	Rawa Mazowiecka		K14	2	00:07:30	00:02:39	00:52:16	00:01:23	00:39:32	01:43:19
260	351	Kmieć Gerard	Łódź		M35	39	00:15:51	00:03:56	00:53:58	00:01:40	00:28:49	01:44:13
261	563	Skorupski Stanisław	Dłużek		M25	13	00:11:25	00:05:57	00:51:23	00:02:28	00:33:38	01:44:51
262	431	Cuzytek Natalia	Jarostaw		K25	6	00:14:18	00:03:09	00:50:47	00:02:16	00:34:22	01:44:52
263	432	Kotów Konrad	Warszawa		M30	24	00:14:26	00:03:38	00:50:18	00:02:15	00:34:23	01:45:00
264	366	Kepiński Henryk	Bełchatów	KB Spartakus Bełchatów	M70	5	00:13:02	00:04:21	00:46:16	00:03:51	00:37:43	01:45:12
265	504	Wielusiński Artur	Białobrzegi	BROKER WIELUSIŃSKI BROKER WIELUSIŃSKI	M50	20	00:14:12	00:05:20	00:47:34	00:03:38	00:34:36	01:45:20
266	453	Sitnik Marta	Warszawa		K18	11	00:11:13	00:02:40	00:54:45	00:02:07	00:35:00	01:45:45
267	489	Tomczak Zbigniew	Bedoń Przykościelny	Ichem-VitaDiet	M35	40	00:13:20	00:04:30	00:50:16	00:02:26	00:36:18	01:46:50
268	550	Grzelak Michał	Warszawa	NEON TEAM mike	M60	3	00:11:52	00:05:51	00:47:29	00:03:37	00:38:02	01:46:51
269	430	Bińkowska Karolina	Nowe Miasto Nad Pilicą		K18	12	00:13:03	00:03:07	00:51:56	00:02:17	00:36:31	01:46:54
270	320	Zajączkowska Paulina	Warszawa	POWER TRAINING	K35	8	00:13:31	00:03:36	00:49:56	00:02:31	00:37:24	01:46:57
271	365	Gorecki Sebastian	Poddębice		M25	14	00:15:26	00:03:53	00:51:20	00:03:12	00:34:32	01:48:22
272	345	Cegielski Łukasz	Pabianice		M35	41	00:13:05	00:04:18	00:53:53	00:02:16	00:35:37	01:49:09
273	387	Musiak Karolina	Łódź		K40	8	00:13:53	00:04:58	00:50:37	00:03:39	00:36:15	01:49:22
274	528	Barcz-Wadas Małgorzata	Warszawa	Rak'n'Roll	K50	5	00:13:18	00:03:00	00:50:53	00:02:31	00:40:30	01:50:11
275	391	Rupniewska Kinga	Chylce, Warszawa	Mazovia Ice Swimming Team	K40	9	00:10:54	00:03:36	00:52:00	00:02:57	00:40:57	01:50:24
276	467	Tomaszuk Daniel	Biała Podlaska		M45	29	00:14:10	00:03:45	00:52:35	00:03:40	00:36:33	01:50:43
277	429	Rudecki Mateusz	Mysiadło		M16	12	00:10:48	00:03:25	00:54:23	00:03:02	00:39:10	01:50:48
278	353	Kowalska Natalia	Warszawa		K30	6	00:23:55	00:03:35	00:50:35	00:01:50	00:34:23	01:54:18
279	337	Wąsik Natalia	Warszawa (Bemowo)	Lisek team	K35	9	00:13:27	00:04:38	00:57:51	00:02:38	00:38:15	01:56:49
280	358	Ciesielska Renata	Kraków		K30	7	00:19:16	00:05:02	00:52:35	00:02:53	00:37:56	01:57:41
281	526	Szajna Agata	Józefosław	Rolling Rak'n'Roll	K60	1	00:13:44	00:03:41	00:57:25	00:03:19	00:40:08	01:58:16
282	582	Krajewski Stanisław	Warszawa		M65	5	00:19:37	00:05:15	00:51:53	00:03:50	00:41:00	02:01:35
	450	Oniszcuk Paweł	Biała Podlaska		M35		00:14:16	00:03:41				DNF
	445	Jurkiewicz Martyna	Lodz		K35		00:12:06	00:03:37				DNF
	525	Strzępka Padło Anna	Warszawa	Rak'n'Roll	K40							DNS
	531	Klimasara Emilia	Kojszówka	Rak'n'Roll	K30							DNS
	541	Umińska Dominika	Łódź	Trimasters	K30							DNS
	294	Bonat Igor	Teresin		M18							DNS
	296	Jurkowski Tomasz	Warszawa	Triathleticteam	M45							DNS
	553	Kocięda Krzysztof	Olsztyn	Najmowicz Triathlon Team	M50							DNS
	306	Stefańska Olga	Warszawa	Junior Luft Tri Team	K16							DNS
	567	Litwiniuk Piotr	Warszawa	Triathletic Team	M40							DNS
	313	Jąkański Tomasz	Warszawa		M35							DNS
	572	Kłys Marcin	Pabianice	Ortomedis Marcin Kłys	M45							DNS
	323	Chmiel Dorota	Nowy Duninów	PTT Delta Płock	K60							DNS
	581	Mościcki-Zanchi Patryk	Warszawa	UKS G-8 Bielany Warszawa	M18							DNS
	336	Jeż Jakub	Kraków	Łanowa	M35							DNS
	341	Biały Aleksander	Wrocław	TRIATHLON CLUB WROCŁAW Triathlon Club Wrocław	M65							DNS
	597	Raniszevska Katarzyna	Wiązowna	Team ZabieganeDni	K35							DNS
	342	Krakowiak Barbara	Wrocław	TRIATHLON CLUB WROCŁAW	K60							DNS
	344	Bialek Agata	Warszawa (Bielany)		K40							DNS
	348	Karalus Mirosław	Rawa Mazowiecka		M60							DNS
	377	Domańska Emilia	Warszawa	Triathletic Team	K40							DNS
	388	Szybiński Maciej	Chynów		M25							DNS
	389	Owczarek Kamila	Czerniewice (Woj. Łódzkie)		K25							DNS
	405	Bierkowski Kamil	Łódź		M25							DNS
	406	Czapiński Bartosz	Siedlce	Triathlon Siedlce Club	M50							DNS
	414	Wypchto Łukasz	Kielce		M45							DNS
	416	Piecyk Agata	Radom		K80							DNS
	438	Borowiecki Marcin	Bielsko-Biała		M35							DNS
	464	Urbanek Dariusz	Skierniewice	Tri Nawa Skierniewice	M50							DNS
	480	Kowalik Patryk	Zawiercie	STAJNIAK TEAM	M25							DNS
	481	Świderski Konrad	Łódź	HTF Ludwik Sikorski	M50							DNS
	490	Bocian Marcin	Łódź	PKO Bank Polski	M35							DNS
	495	Chęć Michał	Lublin	Meteor	M40							DNS

Pływanie: 1x 0,475km

Jazda rowerem: 1x 22,5km

Bieg: 1x5,275km